

GO BEYOND AT HOME!

Have an indoor adventure! Build your own den to sleep in overnight and fill it with your favourite things!

You will need:

- a tent or blankets, sheets and a table or the back of a chair
- a sleeping bag or duvet
- cushions and pillows
- toys
- books
- a torch or light

Step 1:

Find a spot in your house to set up your den

Step 2:

Put up your tent or build your own by hanging blankets and sheets over the top of a table or the backs of chairs

Step 3:

Fill your den with cushions pillows and duvets so have you something comfy to sleep on and can keep warm

Step 4:

Collect your favourite things to do in your den; books, toys and games

Step 5:

Find a light or torch to light up inside your den

Step 6:

Settle down for the night and start your adventure!

