



Make a splash this April with the Great British Welly Stomp! Don your fanciest wellies and get muddy to raise money for children who desperately need a break.

# Great British Welly Stomp Fundraising Pack



- Sponsored welly walk*
- Host a welly wang olympics*
- Hold a rainy days quiz*
- Wear your wellies to work*
- Sign to up to a mud run*

**By downloading this pack, you have started helping young people have a break from their challenging lives.**

**[www.gobeyond.org.uk](http://www.gobeyond.org.uk) #GBWellyStomp**

Go Beyond is registered in England and Wales under Company Registration Number 03985540. Registered charity in England & Wales 1080953.





# THANK YOU!

**For going beyond for Go Beyond  
and helping children make magical memories.**

By organising your Welly Stomp, you will be giving children a chance to explore the outdoors, splash in puddles and get a chance to play. They will get to pack up their troubles and enjoy a magical break at Go Beyond.

## Meet Kuzma\*

11-year-old Kuzma\* is a refugee who fled the Ukraine after the war broke out in his home country. He came to the UK with only his mother, leaving his dad behind to fight. He was referred to us by his refugee co-ordinator who said that he was so worried about his dad, he refused to relax, play and make friends.

At the start of the week, Kuzma was very quiet; he knew a couple of the other children on the break from school, but kept to himself.

However, in an icebreaker game in the sports barn, he started to relax and bond with another child, Charlie\* on the break. This strong friendship developed more and more throughout the week and was just the support he needed to feel safe and settled on the break.

The activities were all new to Kuzma, and the break leaders could tell that he was quite apprehensive about trying them out – he experienced a lot of firsts on the break. However, with some gentle words of encouragement from Charlie and a pact to try things side by side, he was able to overcome his nerves and have a go at everything on offer.



\*names and some details have been changed to protect identity

**“I like being outdoors, it’s like how to describe the word freedom isn’t it.”**



Even at rock-climbing, where the language barrier made it difficult for Kuzma to understand the instructors’ vocabulary, Charlie helped him to put on his harness and get ready to climb.

Kuzma truly found wonder in the great outdoors when he experienced the freedom of the Cornish seaside. During the group’s day trip to the beach, Kuzma’s laughter could be heard right across the sand as he ran around playing with Charlie, dug a huge hole in the sand and splashed with his wellies in the waves. Kuzma and Charlie even found some tiny shrimps, giving them all names (Sandy the Shrimp was their favourite!).

When the kites came out of the break leaders’ kit bags, Kuzma’s face lit up. He exclaimed, “I’ve never had one of these before!” He loved running along the beach as fast as he could, getting his kite to fly higher and higher and watching it weave in the wind. He wouldn’t let go of the kite’s string for the rest of the beach visit.

He loved this experience so much that, on his return to the centre, he asked one of the break leaders to help him make his very own kite from scratch. He didn’t let go of this for the remainder of the break – even waving with it in his hand from the car window as he left to go back home.

The break leaders commented how lovely it was to see Kuzma being able to be a normal child... always with the biggest, cheesiest grin you’ve ever seen!

# YOUR WELLY STOMP COULD FUND



£5 will help pay for piping hot chocolate and marshmallows by the fire.



£10 will help pay for a yummy roast dinner after a long day splashing in puddles.



£30 will help pay for a day rock climbing or swimming with a picnic lunch.



£50 will help pay for wellies, hats and gloves to keep those toes toasty and cheeks rosy.



£1,200 will fund one child for a full week of outdoor fun at Go Beyond.



£19,200 will pay for a full week of 16 children's magical breaks at Go Beyond.

**#GBWellyStomp**

\*All funding will go towards the cost of a Go Beyond Break. These packages are a guide only and funds may be distributed differently.

# GO BEYOND



## Fundraising ideas



Why not get a team together and make a month of it...

- Hold a welly wang olympics
- Wear your wellies to work
- Sponsored welly walk
- Sponsored mud run
- Host our rainy days quiz
- Sponsored rain-dance-a-thon
- Have a puddle splash competition
- Bling your boots
- Bake umbrella-shaped cookies
- Host a singing in the rain karaoke night

#GBWellyStomp

Suggested entry minimum £5.00 per activity

# GO BEYOND

## Umbrella Butter Cookies

Why not have a bake sale or bake-off to raise money for vulnerable children this April.



Great British  
Welly Stomp

### Ingredients

- 200 g unsalted butter, softened
- 200 g white or golden caster sugar
- 1 medium egg, lightly beaten
- 400 g plain flour, plus extra for dusting
- Icing tubes - multi coloured, as desired
- Umbrella cookie cutter

### Recipe

This makes 20-30 biscuits, depending on the size of the cutter.  
In a large mixing bowl, cream the butter and sugar until well mixed.  
Beat in the egg.

Add the flour until a dough is formed.

Wrap the ball of dough in clingfilm and chill for 1 hour.

Lightly flour a surface and knead the dough briefly.

Roll out to 3mm thick.

Cut out the umbrellas and transfer the biscuits to a baking tray lined with parchment.

Bake at 190 C/170 fan/Gas 5 for 12-14 minutes until they are golden brown at the edges.

Remove from oven and transfer to a wire rack to cool.

Once cooled, ice umbrellas to decorate.

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# GO BEYOND

## The ultimate rain dance playlist.

Challenge your team to a dance-a-thon to raise money for Go Beyond.

Who has the stamina? Who has the moves?



## Great British Welly Stomp

- It's Raining Men - The Weather Girls
- Walking on Sunshine - Katrina & the Waves
- Purple Rain - Prince
- Sunshine After the Rain - Berri
- Umbrella - Rhianna
- Singin' in the Rain - Gene Kelly
- Sunshine on a Rainy Day - Zoe
- I'm Only Happy When it Rains - Garbage
- Somewhere over the Rainbow - Judy Garland
- Let it Rain - East 17
- Naked in the Rain - Blue Pearl
- Riders on the Storm - The Doors
- I can see clearly now the rain has gone - Jimmy Cliff
- November Rain - Guns n Roses
- A Year Without Rain - Selena Gomez & The Scene
- Walking in the Rain - Grace Jones
- Did you Hear the Rain? - George Ezra
- Flowers in the Rain - The Move
- Walkin' in the rain with the one I love - Love Unlimited
- Flowers - Sweet Female Attitude
- Here Comes the Rain Again - Eurythmics
- Lightning - Little Mix
- Mr Blue Sky - ELO
- Raindrops - Basement Jaxx
- Rainy Days & Mondays - The Carpenters
- Steal my Sunshine - Len
- Sunshine of your Love - Cream
- Sun Ain't Gonna Shine Anymore - Walker Brothers
- Thunder in my Heart - Leo Sayer
- You are the Sunshine of my Life - Stevie Wonder
- Wind Cries Mary - Jimi Hendrix
- Blame it on the Weatherman - B\*Witched
- Raindrops Keep Falling on my Head - BJ Thomas
- Weather With You - Crowded House



#GBWellyStomp

# Rainy Days Quiz 2024



1. Go Beyond was founded in 1992. How much rainfall was there in the UK that year?  
a) 979.7mm   b) 454.3mm   c) 100.8mm
2. The Weather Girls topped the charts across the world in 1982 with "It's Raining Men", but which top artist was it originally written for?
3. Clouds are categorised into three types: stratus, cirrus and what?
4. What wet weather accessory does Rhianna sing about in her 2007 hit?
5. Which beloved children's character uses their umbrella to fly over rooftops?
6. Complete the children's book and film title: "Cloudy with a chance of..."
7. It costs £1,200 to send a child on a Go Beyond break. How many WALK'N'DIOR umbrellas could you buy for that? a) 6   b) 1   c) 10
8. True or false - The first Duke of Wellington wore the first Wellies.
9. What popular sport has its own type of umbrella?
10. Which British supermodel made Hunter wellies the staple of any festival wear?

# Rainy Days Quiz 2024



11. A big part of every Go Beyond break is about getting out into nature. It boosts mood and lowers stress. In a 2020 green space report, how many people in Britain do not live within 10 minutes' walk of green space? a) 2.69 million b) 1.76 million c) 750,000

12. In which film do we see Hugh Grant kissing Andie McDowall in the rain?

13. Which band wrote "Rainy Days & Mondays"?

14. Complete this well known phrase "Nice weather for..."

15. Who invented the raincoat in 1823?

16. Which famous children's author wrote "Jemima Puddle-Duck"?

17. What temperature does rain turn into snow? a) -5 degrees C b) 0 degrees C c) +2 degrees C

18. What colour rain does Prince sing about?

19. All planets in the solar system gets rain. What type of rain does Mars get? a) Acid b) Ice c) Diamond

20. Does running in the rain help you get less wet than walking?

# Rainy Days Quiz 2024



1. Go Beyond was founded in 1992. How much rainfall was there in the UK that year?  
a) 979.7mm b) 454.3mm c) 100.8mm a) 979.7mm
2. The Weather Girls topped the charts across the world in 1982 with "It's Raining Men", but which top artist was it originally written for? Donna Summer
3. Clouds are categorised into three types: stratus, cirrus and what? Cumulus
4. What wet weather accessory does Rhianna sing about in her 2007 hit? Umbrella
5. Which beloved children's character uses their umbrella to fly over rooftops? Mary Poppins
6. Complete the children's book and film title: "Cloudy with a chance of..." Meatballs
7. It costs £1,200 to send a child on a Go Beyond break. How many WALK'N'DIOR umbrellas could you buy for that? a) 6 b) 1 c) 10 b) 1
8. True or false - The first Duke of Wellington wore the first Wellies. True
9. What popular sport has its own type of umbrella? Golf
10. Which British supermodel made Hunter wellies the staple of any festival wear? Kate Moss
11. A big part of every Go Beyond break is about getting out into nature. It boosts mood and lowers stress. In a 2020 green space report, how many people in Britain do not live within 10 minutes' walk of green space? a) 2.69 million b) 1.76 million c) 750,000 a) 2.69 million
12. In which film do we see Hugh Grant kissing Andie McDowall in the rain? Four Weddings & a Funeral
13. Which band wrote "Rainy Days & Mondays"? The Carpenters
14. Complete this well known phrase "Nice weather for..." Ducks
15. Who invented the raincoat in 1823? Charles Macintosh
16. Which famous children's author wrote "Jemima Puddle-Duck"? Beatrix Potter
17. What temperature does rain turn into snow? a) -5 degrees C b) 0 degrees C c) +2 degrees C c) +2 degrees C
18. What colour rain does Prince sing about? Purple
19. All planets in the solar system gets rain. What type of rain does Mars get? a) Acid b) Ice c) Diamond b) Ice
20. Does running in the rain help you get less wet than walking? Yes

# GREAT BRITISH WELLY STOMP



## The Grand Plans

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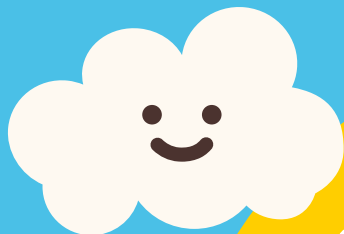


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# GREAT BRITISH WELLY STOMP



Donate today



Every pound raised will give children the  
chance to make magical memories on a  
Go Beyond break

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# THANK YOU!

**For going beyond for Go Beyond  
and helping children find the wonder of the outdoors**

## Pay online safely and securely

Pay in your fundraising through the donate page on our website. Click Custom Amount and enter the amount of funds you raised.

## Use an online fundraising page such as JustGiving

This option is super-easy - you don't have to do anything as the funds you raise will be sent to us automatically!

## Pay by phone

Call us on 01822 811020 and pay by card or request our bank details.

## Pay by post

Fill in our 'Money Return Form' to pay by cash, debit card or send it, along with a cheque made payable to 'Go Beyond' plus any sponsorship forms, to: Go Beyond, Suite B1 Higher Mill, Buckfast Abbey, Buckfastleigh, Devon, TQ11 0EE

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