

Go Beyond Information Evening

Daleside Centre



What we'll cover



- Who are Go Beyond
- How our breaks are run
- Who and what is on site
- Food and Medications
- Kit list
- Contact with your child while on break
- Permissions
- Arrivals and departure information
- Questions





Who are Go Beyond?



We are a national charity providing children and young people aged 8 - 13 with breaks that will last a lifetime, away from the challenges in their lives.

We have been operating for 30+ years, previously under the name CHICKS.

FORMERLY CHICKS



Who are Go Beyond?



We receive no Government funding and are fully funded by generous donors and foundations that support the breaks we offer.

Over 22,000
children have been
supported on
breaks since
Go Beyond
began!

Once at our centres, we give every child and young person a break packed with activities intended to encourage self-belief and inspire adventure.

Every break is provided **totally free of charge.**

How our Breaks are Run



Before the Break

Referral Agent

Identifies the children and refers them to us collecting the core information we need from you. They will share all the information with you.



Referral Coordinator – Lesley

Collates all this information and finds a break or space that best fits your child. Coordinates arrivals, and relevant information with the Referral agent.



Site team

Review the referrals, and plan the break around the group we have attending

How our Breaks are Run



Daily Structure

7:30 – Wake up

8:30 – Breakfast

9:30 – Morning activities

12:30 – Lunch

13:30 – Afternoon activities

17:00 – Dinner

18:30 – Evening activity

20:30 – Prep for bed

21:00 – Bedtime

Weekly Structure

Monday – Arrivals day

Tuesday – Nature day

Wednesday – Fun day

Thursday – Challenge day

Friday – Departure day

Each break will have at least one off-site day per week!

Off Site Activities



Who and What is on Site?



Meet our team!



Pete

Chef Extraordinaire



Kiaya

Team Leader



Lewis

Centre Manager



Sue

Team Leader



Kate

Maintenance



Mandy

House Keeping



Annie

Break Leader



Caitlin

Break Leader



Graham

Break Leader



Jane

Break Leader



Angela

Break Leader



Eloise

Break Leader

Activities offered on site



Soft Archery!



Orienteering!



Trampolines!



Kite Flying!



Arts & Crafts!



Campfire!



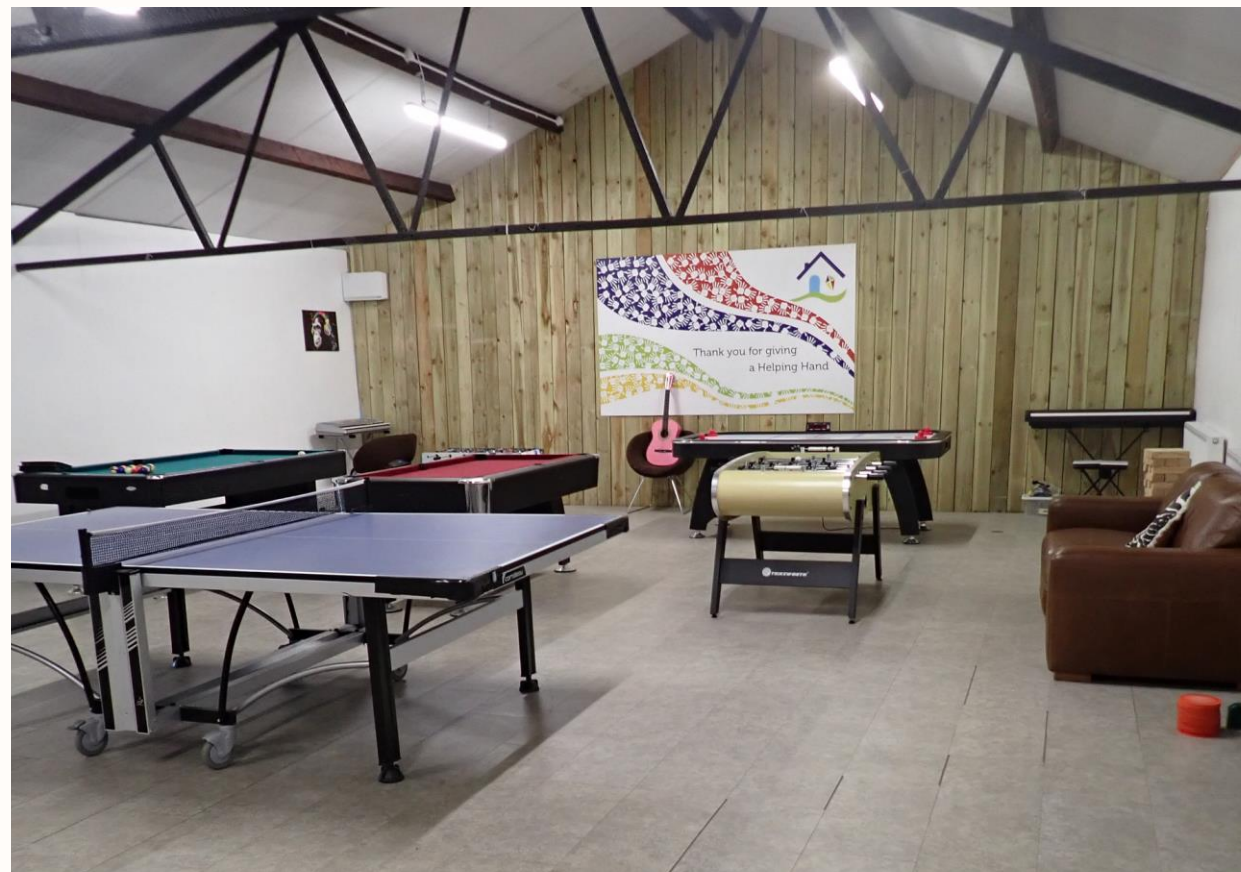
Games Barn!



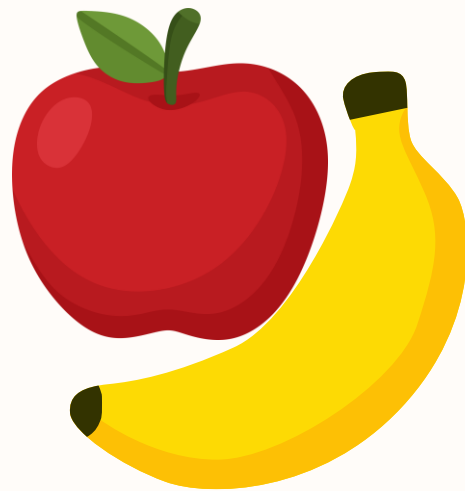
Baking!

...and so much more!

Daleside Facilities



Food And Medication



Fresh fruit is always available



We can cater to dietary needs



Please don't send them with junk food



Please inform Lesley of all the child's meds



Please make sure medication is labeled

Our team do receive training, but we may call for clarification!

Kit List!

Essentials

- ✓ 2x Sweatshirts or fleece top
- ✓ 6x T-Shirts
- ✓ 2x Trousers, jeans or tracksuit bottoms (and shorts if it is sunny!)
- ✓ Plenty of Socks and underwear
- ✓ 1x Trainer, and a spare set of footwear
- ✓ Swimming gear
- ✓ Basic Toiletries;
 - toothbrush & toothpaste
 - shampoo and shower gel
 - deodorant (not spray)
 - a hairbrush or comb

Please don't pack

- ✗ Towels
- ✗ Welly's
- ✗ Hats or Beanies
- ✗ Sweets or fizzy drinks
- ✗ Smart phones
- ✗ Tablets
- ✗ Gaming Consoles
- ✗ Smart watches
- ✗ Internet capable devices
- ✗ Valuables

This is a screen free week!



How can I contact my child?



- Calls home are done on one evening, usually a Wednesday
- We have 2 mobiles with staff always, even when off site
- You will be sent a password to your listed phone number

DALESIDE CONTACT MOBILE NUMBERS

07933809118

07933809633

Arrivals and Departures



- Monday arrival is from 4pm, unless arranged otherwise
- Friday departure is from 10:30 am.
- **If there is going to be a problem please call us**

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**We can't wait for
your break!**