



THE CHARITY
GIVING CHILDREN
& YOUNG PEOPLE
BREAKS THAT
LAST A LIFETIME



All our
breaks are
fully funded

GO BEYOND RESIDENTIAL BREAKS 2027

REFERRAL PROCESS AND CENTRE HIRE



ASDAN

CIE / Chartered Institute of
Educational Assessors
Promoting Excellence in Assessment



Institute for Outdoor Learning



Introduction by Michele Farmer, CEO

Do you know a child that needs a break? Are they silent and withdrawn? Has something changed recently? Go Beyond breaks are proven to work well for children aged 8-13 facing challenges. They might be affected by issues at home such as caring responsibilities, bereavement, poverty or abuse or they simply might be finding the change in year groups/schools or classes difficult as they grasp with confidence and resilience. If you know a child that for any reason simply needs a break please consider referring them to Go Beyond. All our breaks are FREE for the children and young people that are in need. All you need to do is arrange transport to one of our nearest train stations and we will pick them up from there. We know the children and young people that come to us are often nervous but leave with renewed confidence, resilience, trust and friendship.



Maybe you know a whole group that could benefit from a Go Beyond experience and would like to chat to us about hiring one of our centres or co-delivering a break with us. Many Young Carer groups and schools already use our facilities and we help them to design a break that suits their needs. We would love to hear from you. Please find some further information in this brochure or call us on 01822 811020 for more information.



Could you inspire self-belief in a child you work with?

We accept referrals from any individual working with young people in a professional capacity. Refer today to give them a chance for a positive and inspiring experience.

Go Beyond's expert staff and committed volunteers give children and young people the chance to have the moments and experiences they need to believe in themselves and think beyond the day-to-day for a bigger, brighter future.

We offer fully catered, activity based residential breaks for up to four nights. The quality of our breaks and our embedded ASDAN accreditation allows children to attend during term times.

Monday to Friday (5 days and 4 nights)

Refer up to 16 young people

Young people aged 8 to 13 years old

ASDAN Registered Centre, not absent

Referred by a professional who knows them well

Pick up from local railway stations

Delicious home cooked food

No phones or technology

All year round

Secure online referral portal

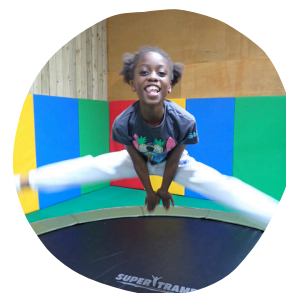
Lets take a tour of our centres

Our centres in Cornwall and the Peak District are designed with children in mind. Take a look below at where the children sleep and eat, and which areas they enjoy spending time in the most. Our Coastal Centre is in South Cornwall, overlooking the village of Tywardreath and a 15 minute walk to the golden sands of popular Par beach. It is well located for a fun, active, but relaxing break from home worries. Our Daleside Centre is located in over 60 acres of the Peak District National Park and close to areas of natural beauty such as Dovedale. It is an excellent rural haven to unwind and have some fun.

We'll start in the heart of our Centres, the kitchens, where our cooks make home-cooked meals that the children enjoy in family-style dining rooms where chats and jokes are encouraged!



Both centres have Sports Barns with trampolines, giant Jenga, basketball nets, goals and balls. Here, children enjoy free play and team building games to build friendships and confidence. Meanwhile, our Arts and Craft Barns are creative spaces to let imaginations go wild.



At the end of each day, the children sleep in cosy beds in shared rooms that are full of comfy duvets, books and soft toys. Some of the children have never had their own bed before. They love going to sleep at night chatting and giggling.

Inside, our centres have book corners and chill out rooms for when children need a quiet moment or to talk in a safe, supportive space. Meanwhile, our large comfortable lounges offer space to relax with board games and movie nights!



Now visit our onsite Toy Shops. Here, we keep hundreds of toys donated by generous companies. During their break the children earn Go Beyond Bucks for acts of courage, kindness and friendship. At the end of the week they swap their bucks for toys from the shops.

Outside we have orienteering courses, Frisbee golf, kitchen gardens, fire pits, slip and slides, and games, plus waterparks and wellies to get outdoors whatever the weather.

Watch a video tour of Coastal Centre here:

<https://www.gobeyond.org.uk/breaks/your-go-beyond-break>

We make sure we measure the impact we have

The Stirling Children's Wellbeing Scale is a questionnaire designed to measure emotional and psychological wellbeing in children and is ideal for measuring the impact of our breaks. The survey consists of 15 questions that aim to provide a holistic view of children's wellbeing. The questions cover a range of topics, including positive emotions, relationships with others, and sense of purpose. The results of the survey provide valuable insights into the emotional and psychological wellbeing of the children who visit us. We are keen to work in partnership with you to maximise the benefits for children. If you refer a child we will share the outcomes with you.

Impact Focus (Stirling Scale questions)	
I think good things will happen in my life	I've been in a good mood
I've been able to make choices easily	I enjoy what each new day brings
I can find lots of fun things to do	I've been feeling relaxed
I feel that I am good at some things	I enjoy learning new things
I think lots of people care about me	I like being outdoors
I think there are many things I can be proud of	I don't give up easily
I've been feeling calm	I find it easy to make new friends

Feedback from Children and Referral Agents

Feedback is very important to us, from the children on our breaks to our Referral Agents. Here is what they have said:

"I loved everyone, everything and the whole experience."	"I made a lot of friends."	"I love you Go Beyond!"	"Loved learning different things and swimming."
"I am proud of things I have achieved."	"Making good memories."	"You do an amazing job for lots of children who require a break from their challenging circumstances."	"The team worked tirelessly, enthusiastically and with skill to provide our pupils with an amazing experience."
	"What the charity is doing is incredible."	"I have been blown away by all of what you offer the young people."	

Go Beyond's Theory of Change



How to make a referral

You can refer a child or young person online here: www.gobeyond.org.uk/breaks/refer

If you have any questions about the referral process, you can contact us below:

Call us on **01822 811020** (choose referrals)

Email us at **coordinators@gobeyond.org.uk**



Centre Accreditation Number: 34664

Go Beyond is a recognized ASDAN center. Children participating in Go Beyond breaks during term time can be marked as present on the school register.

What is ASDAN?

ASDAN (Award Scheme Development and Accreditation Network) is a curriculum development and awarding organisation that offers programmes and qualifications recognising children's skills outside the traditional classroom setting. Since not all children excel in a standard academic curriculum, ASDAN provides an alternative by crediting non-academic skills. This approach has been widely adopted by UK schools. At Go Beyond, we support this development through our breaks, helping children gain valuable skills and experiences.

Benefits for the children

One significant advantage of this accreditation is that children's attendance records remain unaffected when they attend a Go Beyond break during term-time.

While on break, schools can register the children as participating in an off-site educational activity under Category B.

ASDAN acknowledges that children continue to learn in an outdoor environment. The benefits to their academic progress upon returning to school are substantial. Referral Agents have observed that Go Beyond children often return more confident, more willing to participate in class, and better at interacting with their peers, having developed these social skills during their break.



At Go Beyond, our breaks provide children with the chance for **personal development and new experiences** (as recognized by our ASDAN certificate). Children will earn this certificate if the break leaders observe that they have ventured into something new. This could be their first time rock climbing, overcoming fears, spending time away from home, making new friends, or trying different foods. We believe that most children who join us embrace new challenges, push their boundaries, or inspire others to do the same, making these breaks truly special.

Referral Timeline and Checklist

Go Beyond

- Identify young people who will benefit from a Go Beyond break ☐
- Register on our online referral system (www.gobeyond.org.uk/breaks/refer) ☐
- Log on and enter the young persons details (gobeyondbreaks.campmanagement.com/p/campers/login_m.php) ☐
- Complete the young persons referral forms ☐
- Discuss the young person with our Referral Coordinators (consider special requests, rooming, diets, medication needs) ☐
- Agree that the young people are suitable for a break with us ☐
- Agree a date for the young person's break ☐
- Download the Parent Consent and Medical forms and share with parents/guardians. Upload the completed form to our system ☐
- Completed the transport form for each young person and agree local arrangements ☐
- Complete the Pre-Break Monitoring form for each young person ☐
- Young people attend their break ☐
- Go Beyond sends the young peoples break evaluation reports ☐
- Complete the Post-Break Monitoring form for each young person ☐
- Complete the Referral Feedback form ☐

Organisation/School

- Download and share the Go Beyond Due Dilligence pack with your Visits Coordinator ☐
- Get Management/School approval for the visit ☐
- Staffing/supervision arrangements: who/when/why? All visiting staff should register on our online system for volunteers and complete the Visiting/Accompanying Staff Form in the Forms area [here](#) ☐
- Enter onto your visits approval systme: eVist, Evolve etc. (you will need an External Provider form) ☐
- Complete any further forms SOE5 External Provider forms (may need Local LEA/MAT version) ☐
- Download and share the Go Beyond Parent's Guide with parents and guardians ☐
- Gain parental approval for the visit ☐
- Transport arrangements: book/times/pick-up/drop-off ☐
- Download and share the Break Confirmation to parents with transport and contact password details ☐

Going Beyond in the South East

We believe every child who faces serious challenges in their lives deserves a break. That's why we are on a mission to break down barriers for London's most vulnerable young people.

Partnering with inspiring locations to provide temporary Go Beyond centres, we will offer our residential breaks programme in locations closer to where children live, whilst holding the same standards of care, safety, and quality that are at the core of our existing Centres.

In 2026, the project was brought to life through our partnership with Cardfields, a beautiful countryside Centre surrounded by criss-crossing estuaries, woodland, and the east coast. Here, we offered children from London and neighbouring counties a peaceful sanctuary, where they could escape unstable and deprived environments to experience a week of joy, friendship, and limitless potential.

In response to the impact these breaks had, we will be doubling our provision in 2027, offering **208 breaks** completely free of charge to local children across 13 weeks.

Our ambition is to grow Go Beyond to be able to support more children across the UK and we plan to use the Cardfields partnership model as a blueprint for further pop ups close to other disadvantaged communities.

"You get to witness nature and do fun things that you won't be able to do in the city." - A child on a Go Beyond break at Cardfields



Arriving at Cardfields, many of our children will be stepping into open fields or hearing bird song for the first time. For young people who have never ventured beyond the concrete and traffic of inner cities, being immersed in these natural surroundings makes their worries feel a world away.

Outdoors there is plenty to explore: from pond dipping and the low ropes course to sports pitches, a garden where the children can learn to grow and harvest fruit and vegetables, and even a flock of hens which lay fresh eggs each day. A core part of every break is time away from screens, giving our children the space to be active, creative and truly present. Free from digital distractions and online pressures, they can focus on making treasured childhood memories, like learning to ride a bike or toasting a first marshmallow around the campfire.



Coastal and Daleside Centre Hire Price List 2027

Our centres are available to hire by organisations, charities and schools that would like to organise their own breaks. We are always on hand to help with planning and delivery.



Main house rental prices	1 day 1 night	2 days 1 night	3 days 2 nights	4 days 3 nights	5 days 4 nights
Daytime use only - 8:30am-5pm	£200	£350	£450	£550	£650
Daytime and residential use		£520	£680	£850	£1,000

The above provides no catering but includes bedding, towels, all centre fuel costs, and access to our catering facilities for your group use. We are very happy to discuss a bespoke mix of the above to suit your needs.

Add on options are outlined below, priced depending on need:

Catering options: refreshments, packed lunches, half board and full board

Activity options: half day and full day (soft archery, orienteering, team challenges)

Transport options: pick ups and activity transport

Centre Contacts



Coastal Centre

Barn Park Farm, Well
Street, Tywardreath,
Cornwall PL24 2QN

Centre Manager:
Sharon Retallick

Contact Sharon on
07936 439 593 or
SharonRetallick@gobeyond.org.uk

Daleside Centre

Ravenscliffe Farm,
Ashbourne,
Derbyshire DE6 1LF

Centre Manager:
Lewis Campbell



Contact Lewis on
07879 946 114 or
LewisCampbell@gobeyond.org.uk

Refer a young person for a break



Find out more

We accept referrals from any individuals working with young people in a professional capacity.